



Happy Thanksgiving

Synchro BC would like to wish everybody a happy Thanksgiving.



Join the Synchro BC Board

Hello Everyone,

With our AGM quickly approaching, it is recruiting time for the Board of Synchro B.C. We have several positions that need to be filled. If you have just one or two hours a month to give, synchro could use your help. The board meets approximately 4 times per year, and always welcomes new ideas and input.

Several retiring board members have done one or more 2 year terms, and I would like to thank them for their dedication, commitment, values and knowledge.

Our AGM is on October 15th - so please send in your resume to president@synchro.bc.ca by Oct 10, 2011.

We would love to add your name to the list of candidates. If you have any questions or concerns please feel free to contact me.

Thanks again everyone for all your support,
Nancy O'Toole, President

What's going on:

Page 1

- Happy Thanksgiving
- Join the Synchro BC Board

Page 2

- Technical Director's Corner

Page 3

- Fall Conference & AGM
- Technical Package
- Members Registration

Page 4

- Fundraising Opportunities – Club/Team Calendar

Page 5

- Inter-Provincial Competition

Our Office and Competitions Coordinator will be away from September 29th, 2011 to October 11th, 2011. The Office will be closed during this time. Contact the Executive Director or Technical Director for immediate questions.

Synchro BC Hours

Monday	8am – 3.30pm
Tuesday	8am – 3.30pm
Wednesday	8am – 3.30pm
Thursday	8am – 3.30pm
Friday	Office Closed

Annie, our office coordinator, will be happy to answer any questions during this time.

Supported by:





To all Synchro BC athletes, coaches, officials and families:

- **BC Summer Games Coaching Applications Deadline Fast Approaching**
The deadline is getting close so don't miss out on this great opportunity to coach athletes at the 2012 BC Summer Games. Applications need to be received by the Synchro BC office no later than Oct.31, 2011. Thanks to all the coaches who have already sent in applications.
More information is available at:
http://www.synchro.bc.ca/Member_Services/Technical_Information/
- **Synchro BC Fall Conference**
The Synchro BC fall conference takes place on October 14-16th in conjunction with the first training meet of the season. Information has been sent out. I look forward to seeing everyone .

**Coaches if you have swimmers that would like to be demonstrators during our pool session, please submit their names to the Synchro BC Office (info@synchro.bc.ca) and CC me to the email.
It will be a great opportunity to participate, and any time spent demonstrating will count towards volunteer credit for AAP and highschool.
- **TXP Applications Forms**
The TXP application forms are now online under coaches information. Please note the deadline of Dec.1st, 2011.
<http://www.synchro.bc.ca/Coaches/>

As always, please feel free to email me with any questions or concerns and I will get back to you as soon as I can.

Thanks everyone
Brenda (td@synchro.bc.ca)

Fall Conference & AGM

The Synchro BC 2011 Fall Conference will be taking place at the Vancouver Aquatic Centre (VAC) from October 14 to 16, 2011 in conjunction with Training Meet #1.

Synchro BC is pleased to offer all clubs and officials a deal with the Holiday Inn. For reservations please call the hotel directly and request a GROUP booking for Synchro BC booking code "SYN" in order to obtain the special room rate. Group Rates were available until September 25th, 2011 but, if there is still availability they will extend the group rates until the competition starts.

Booking Information

Company: Synchro BC
Booking Code: SYN
Phone: (604) 623-6866
Hotel Toll Free: 800-663-9151 (Canada & US)
Holiday Inn Toll Free: 1-800-HOLIDAY (INTERNATIONAL)
Fax: (604) 684-4736
Email: reservations@hivancouverdowntown.com

Online booking link:

<http://www.holidayinn.com/redirect?path=rates&brandCode=hi&localeCode=en®ionCode=1&hotelCode=YVRDT&PMID=99801505&GPC=SYN>

More information is available on our website under:

http://www.synchro.bc.ca/About_Us/Calendar/?eid=115&yr=2011

Technical Package

Please make sure that you are using the most up to date technical package. You can find the package on our website under: http://www.synchro.bc.ca/Member_Services/Technical_Information/

If you have any technical questions please contact our technical director directly (td@synchro.bc.ca).

Members Registration Package – Deadline October 12, 2011

The 2011-2012 Registration Package is now available. You can find the package on our website under:

http://www.synchro.bc.ca/Member_Services/Registration/

Please fill out and complete the online database by October 12th, 2011. Once the club has completed registration please email the Office Coordinator (info@synchro.bc.ca) and include the filled out Club Membership Fee Form and Club Information Sheet (both on our website under:

http://www.synchro.bc.ca/Member_Services/Registration/)

The Office Coordinator will download the club registration form from the E-Sport Registration Program and review it. Once everything is in order the club will be invoiced. Final registration payment will be due by October 31st, 2011. Any payments that are late may be subject to a fine.

If you have any questions please contact our Office Coordinator directly (info@synchro.bc.ca).



Fundraising Opportunity – Club / Team Calendar

Object: To raise funds by selling business card sized advertising spaces on a poster of a 2012 calendar that showcases the club/team.

Who: This is a great fundraiser idea for clubs and/or individual teams. It does not require a lot of time, just a club/team photo and some net-working to sell the spaces. Spaces can be sold to either businesses or individual sponsors. This is an example of a fundraising activity that can be used at your discretion. It is NOT a Synchro BC fundraiser.

When: This is an opportunity that can only be utilized during the fall months. Spots should be sold (and business cards and money collected for each spot sold) NO LATER than November 30. Calendars should be printed and distributed prior to Christmas.

How Much? The recommended price for each spot is \$200. Once the calendars are distributed, sponsors will be seen by thousands of people during the year. Not a bad investment for advertising and supporting amateur sport!

Photo: All parties in the picture you choose to use on your calendar should have a waiver signed granting permission to use the photo prior to printing.

Printing: Attached is an example of a finished calendar poster. Size should run either 20 X 30 inches (a good size for easier distribution) or 24 X 36 inches. You and your printing company will set up the best size so that all cards and calendar can be read with ease. To have the set up done and 500 copies printed the cost should run about \$500 (that was the cost of setting and printing 500 copies of the example). Printers can vary in price so shop around – often the smaller businesses will give you a good deal and you could also ask if they would like to be a sponsor for a reduced rate on printing or even free!

Distribution: Each sponsor should receive several copies of the poster to put up at their place of business and/or to give away as they please. Local recreation centers, libraries, banks, schools, municipal offices, and other businesses can receive a free poster or posters. Those are a few suggestions but you are now way limited to just those ideas. The idea is to distribute the posters through-out your community for free.

Summary: The example team poster took just a couple of weeks of selling and net over \$5000 when completed.

~ Chris Strickland
Media & Promotions Coordinator
projects@synchro.bc.ca



Inter-Provincial Competition – Synchro Quebec

Synchro Quebec invites all competitive Synchro BC clubs to an Inter-Provincial competition that will be held in Quebec city on April 21-22, 2011.

Please find the information package and appendix B on our website under:

<http://www.synchro.bc.ca/news/?ph=News%20and%20Updates>

If you have any questions please contact Synchro Quebec directly. Please remember to fill out the out of

Claudie Dumais

Coordonnatrice de compétitions
et agente des communications
cdumais@synchroquebec.qc.ca

Synchro Québec
4545, Pierre-de Coubertin
C.P 1000, Succ M
Montréal, Québec
H1V 3R2
1-866-537-3164 (tel)
1-514-252-3087 (tel)
1-514-252-5658 (fax)
www.synchroquebec.qc.ca

Information for the E-Splash

You can send us information or an article that you want to put in the E-Splash. This will allow everybody to share their experiences with others. The more information we get, the better it is. Thank you!

