

Canada opens Barcelona Trophy with solid performance

June 19, 2009 OTTAWA - With the World Aquatic Championships just a few weeks away Canada's National Team is anxious to put the finishing touches on its routines.

Canada is doing just that as they take part in the 2nd Annual Barcelona Trophy, held at the Picornell Pool in Barcelona, Spain.

The event got underway Friday morning with the Team Tech event where Canada finished third behind the host team and Japan.

Spain finished first with a score of 97.000 while Japan was awarded a score of 94.833 and Canada posted a score of 94.500.

"Today we made some synchro mistakes and pattern errors," said Julie Sauve, coach of Canada's National Team. "This is a wonderful opportunity for the team and for us to make some final adjustments."

Team captain Eve Lamoureux, of Montreal, QC, admits the performance was out of the ordinary for Canada.

"We made some mistakes that are very unusual for us," admitted Lamoureux. "However we were very pleased with the team's energy during the performance."

Later in the day Canada swam its Team Free routine where they swam exceptionally well and finished second behind Spain. Spain had a score of 98.000, while Canada posted a score of 95.333 and Japan came third with a score of 94.833.

Canada was especially happy to end the day on such a high note.

Canada also competed in the Duet Free where Marie-Pier Boudreau Gagnon and Chloe Isaac finished third.

Spain finished first with a score of 98.333, while Japan was second with a score of 95.667 and Canada received a score of 95.167.

"I was extremely satisfied with our duet's performance," said Sauve. "They had wonderful synchronization and great energy and in my opinion deserved better marks."

Boudreau Gagnon, of Riviere-du-Loup, QC, was also pleased with the performance.

"I was a little disappointed with the results," said Boudreau Gagnon. "I believe we continue to grow as a pair and are showing great control of our routine."

In addition to Canada and Spain, Japan, Great Britain, Switzerland and the Netherlands will be taking part.

The Trophy wraps-up tomorrow with the Duet Tech and Team Free, as well as exhibition performances in Solo and Combo.

Results can be found at www.natacio.cat and the site can be translated using the Google Translator located on the page.

Swimmers in Team Tech

Marie-Pier Boudreau-Gagnon
Jo-Annie Fortin
Chloe Isaac
Eve Lamoureux
Elise Marcotte
Karine Thomas
Valerie Welsh
Erin Willson
Tracy Little (alternate)
Sandy Gill (alternate)

Swimmers in Team Free

Marie-Pier Boudreau Gagnon
Jo-Anne Fortin
Sandy Gill
Chloe Isaac
Eve Lamoureux
Elise Marcotte
Karine Thomas
Valerie Welsh
Tracy Little (alternate)
Erin Willson (alternate)

National Team Coaches

Denise Sauve
Julie Sauve
Marietta Meng-Chen
Kasia Kulesza

Team Manager Josee Dagenais

For more information please contact:

Lisa Wallace
Communications Manager
Synchro Canada
communications@synchro.ca



Synchro Canada

Contact Us

1010 Polytek Street, Unit #14, Suite 200
Gloucester, Ontario K1J 9H9
Tel: (613) 748-5674
Fax: (613) 748-5724

Canada wraps-up Spanish Open on high

June 28, 2009 OTTAWA - Canada will be leaving Spain with confidence as they wrapped-up the Spanish Open with another solid performance.

In the final event, the Team Free finals, Canada finished second with a score of 96.333. Spain finished first with 98.500, while France was third with 92.500.

The Spanish Open, held in Valladolid, Spain, was Canada's final competition and last opportunity to receive feedback prior to the start of the 13th FINA World Championships on July 18th.

"We have reached a level where we are earning 9.6's and 9.7's for our performances," said Canadian coach Julie Sauve. "At the World Championships our goal is to earn as many 9.7's as possible so we now need to work on achieving perfection in practice and obviously in all our performances."

Canada's performances this past weekend earned them much praise, but like their coach the team knows it's crunch time.

"As a team we know we need to raise our game to a new level," said Canadian team captain Eve Lamoureux. "Our focus in our training camp prior to the World Championships will be to have nothing but perfection."

Canada also finished second in Solo Tech, Solo Free, Duet Technical, Duet Free and Team Technical. Canada finished first in Combo.

In addition to Canada and Spain the Spanish Open featured entries from France, Mexico, Venezuela and a number of Spanish club teams.

Results can be found at <http://www.rfen.es/publicacion/4SINCRONIZADA/47X1%20ESPAÑA%20SINCRO.html> and the site can be translated using Google Translator.

Swimmers in Team Tech

Marie-Pier Boudreau-Gagnon
Jo-Annie Fortin
Chloe Isaac
Eve Lamoureux
Elise Marcotte
Karine Thomas
Valerie Welsh
Erin Willson
Tracy Little (alternate)
Sandy Gill (alternate)

Swimmers in Team Free

Marie-Pier Boudreau Gagnon
Jo-Anne Fortin
Sandy Gill
Chloe Isaac
Eve Lamoureux
Elise Marcotte
Karine Thomas
Valerie Welsh
Tracy Little (alternate)
Erin Willson (alternate)

National Team Coaches

Denise Sauve

Julie Sauve
Marietta Meng-Chen
Kasia Kulesza
Laurel Hindle – Aprentice Coach

Team Manager – Josee Dagenais